

PE OVERVIEW 2022/2023

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Year Rec	Co-ordination and Static Balance REAL	Movement development Dance Jess	Dynamic Balance to agility and Static Balance REAL	Gymnastics Premier Sports	Dynamic and Static Balance REAL	Dance Jess	Co-ordination and Counter Balance REAL	FS Ball Skills	Co-ordination and Agility	FS Throwing and catching Premier Sports	Ball Chasing and Floorwork	Dance Jess
YEAR 1/2	Co-ordination and Static Balance REAL	Gymnastics Premier Sports	Dynamic Balance to agility and Static Balance REAL	Y2 Basketball	Dynamic and Static Balance REAL	Dance Jess	Co-ordination and Counter Balance REAL	Y2 Handball Premier Sports	Co-ordination and Agility	Dance Jess	Ball Chasing and Floorwork	Y2 Athletics Premier Sports
YEAR 2/3	Co-ordination and Static Balance REAL	Gymnastics Premier Sports	Dynamic and Static Balance REAL	Dance Jess	Dynamic Balance to agility and Static Balance REAL	Gymnastics Premier Sports	Co-ordination and Counter Balance REAL	Dance Jess	Co-ordination and Agility	Y3 Basketball Premier Sports	Ball Chasing and Floorwork	Y3 Athletics
YEAR 3/4	Co-ordination and Static Balance REAL	Dance Jess	Dynamic Balance to agility and Static Balance REAL	Gymnastics Premier Sports	Dynamic and Static Balance REAL	Y4 Basketball	Co-ordination and Counter Balance	Dance Jess	Ball Chasing and Floorwork	Y4 Cricket DCCC	Co-ordination and Agility	Y4 Athletics Premier Sports
YEAR 5/6	Ball skills and reaction and response REAL	Y6 Tennis Futsal BSP	Creative Static Balance REAL	Dance Jess	Dynamic and Static Balance REAL	Y6 Gymnastics Premier Sports	Sending and receiving and Ball chasing	Y6 Handball Premier Sports	Ball Chasing and Floorwork	Y6 Cricket DCCC	Co-ordination and Agility	Dance/acro Jess