



**Be The Best You Can Be!**

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Dear Parents and Carers,

I am writing to inform you of an important update regarding the use of fiddle toys and fidget items in school.

Over recent weeks, we have noticed an increasing number of these items being brought into school from home. Whilst we understand that some children find them comforting or enjoyable, they have unfortunately started to cause a number of issues within school. These include distractions during lessons, disagreements between children, items being lost or broken, and difficulties in maintaining a calm and focused learning environment.

Research into fidget and fiddle toys suggests that, although they can support some children with identified sensory or attention needs, they are not beneficial for all children and can sometimes reduce concentration and increase distraction when not carefully managed. In line with a number of our local cluster schools, we are therefore reviewing and tightening our approach to ensure greater consistency and to support calm, purposeful learning environments for all children.

Please be reassured that the school does have a range of appropriate sensory and fidget resources available. These will be provided to children where there is an identified need. Allocation of such a resource will be based on professional recommendations, including educational psychologists, the Inclusion service or our SENDCo.

We appreciate your understanding and support in helping us create the best possible learning environment for all children. If you have any questions or would like to discuss this further, please do not hesitate to contact school.

Many thanks for your continued support.

Kind regards,  
Mrs Sarah Hughes



