



Be The Best You Can Be!

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Dear Parents and Guardians,

We are pleased to announce that children will soon be taking part in a **Colour Run again this year** — It's a fun, inclusive, and non-competitive event that promotes fitness, wellbeing, and community spirit.

What is a Colour Run?

A Colour Run is a short run where participants are showered with brightly coloured powder at stations along the route. The focus is not on speed, but on enjoyment, movement, and having fun together. By the end, students will be covered in colour for a memorable experience.

Event Details

- **Date:** Thursday 4th June
- **Time:** 1.45pm
- **Location:** Newton Primary School Field
- **Cost** £3.00, payable on Parent Pay. (This covers the paint)
- **Clothing:** White or light-coloured old clothing is recommended
- **Eyewear:** Protective eyewear is required (sunglasses or swimming goggles)

New for this year - we will be selling individual pouches to children for £1 - which they can bring on the day. We will then use this for a colour throw at the end. (Please note this goes to **The Bolsover District Active School Network Team**)

What to Expect

- The coloured powder used is **non-toxic and safe**
- Staff will closely supervise the event and ensure safety measures are followed
- Music and activities will create a lively, enjoyable atmosphere
- All students are encouraged to take part, regardless of ability

Important Reminders

- Please ensure your child wears comfortable footwear and clothes they don't mind getting messy
- We recommend bringing a change of clothes or something to sit on for the journey home
- If your child has allergies or sensitivities to coloured powder, please contact the school.

We hope this Colour Run will be an exciting and positive experience for all children. If you have any questions, please speak to a member of the school staff.
Thank you for your continued support.

Best wishes,

The Bolsover District Active School Network Team



